

SAFETY STARTS WITH ME

Needlesticks/Sharps/Splash

What to do if you've been exposed to blood or body fluid

1	BLEED IT Allow the wound to bleed freely – do not squeeze it
2	WASH IT Use soap and water to wash wound Flush with water if in eyes, nose, or mouth
3	SOURCE IT Obtain the source patient name and ID number Advise your manager/supervisor/delegate as the source patient needs to be tested prior to their discharge
4	REPORT IT Immediately Seek Medical Attention Go to Workplace Health and Safety Monday to Friday – 7:30 am to 3:30 pm After hours: Go directly to Emergency Advise the triage nurse you have been exposed to blood or body fluid
5	Complete an incident report using the S.A.F.E.T.Y. System and use the icon Employee Event To report the incident to the Occupational Health Nurse Call 416-438-2911 ext. 8137, or 416-284-8131 ext. 7314

It is critical to seek medical attention immediately so that Post-Exposure Prophylaxis (PEP) can be initiated within one to two hours after exposure, if required.

Workplace Health and Safety